

Empowering Recovery Through Expert Neuro Rehab.

We provide a personalised approach to rehabilitation for Stroke, Spinal Cord Injury, Brain Injury, Parkinson's, Multiple Sclerosis, FND, Cerebral Palsy, Foot Drop, Sports Injury, Neck & Back Pain & more.

Discover expert, personalised care designed around you. At our Northampton clinic, we blend the latest rehabilitation technology with genuine compassion and one-to-one support. Every treatment plan is tailored to your individual goals, optimising physical and emotional recovery.

NEUROLOGICAL PHYSIOTHERAPY

1 & 4 Hawthorn Park, Holdenby Rd, Spratton, NN6 8LD



WHAT IS NEUROLOGICAL PHYSIOTHERAPY

Neurological physiotherapy focuses on restoring function, improving mobility, and enhancing quality of life through by kick-starting the message pathways that your brain is struggling to use, to make new pathways through repetitive actions and exercises.

Each client receives a personalised rehab plan based on their specific needs and goals.

TREATMENT MAY INCLUDE:

- Hands-on therapy to improve movement and joint mobility
- Strength, balance, and coordination exercises
- Gait training for walking and posture
- Spasticity management through stretching and specialist techniques
- Cutting-edge tech like FES, robotics, and virtual reality

REHAB TECH INFO

PhysioFunction uses advanced rehabilitation technology to support clients in restoring mobility, building strength, and enhancing independence.



Why Choose Us?

► F.E.S Cycling

FES Cycling uses small electrical impulses to activate muscles during cycling, helping improve strength, circulation, and fitness. Ideal for neurological rehab, it supports muscle function, cardiovascular health, and overall recovery.

► AlterG Treadmill

Originally developed with NASA technology, the AlterG reduces body weight impact to allow safe, low-impact walking and running. Ideal for neuro and MSK rehab, it helps speed up recovery, improve mobility, and build confidence.

► Exoskeleton

Our expert team uses cutting-edge exoskeleton technology to help individuals with mobility impairments stand, move, and walk with support. Motorised joints guide the body through walking patterns, promoting strength, balance, and confidence.

AQUATIC PHYSIOTHERAPY

Hydrotherapy is a form of physiotherapy carried out in a warm-water pool, guided by a qualified physiotherapist. It provides a supportive, low-impact setting that promotes movement, builds strength, and encourages recovery.



BENEFITS OF HYDROTHERAPY

- Improves motor control & coordination
- Enhances balance & body awareness
- Aids walking practice & gait training
- Reduces spasticity & muscle tightness
- Encourages safe movement & confidence
- Eases pain & discomfort
- Builds muscle strength
- Boosts circulation & posture

WHO CAN HYDRO BENEFIT?

Aquatic physiotherapy can greatly enhance function and quality of life for individuals living with conditions such as:

- Stroke
- Parkinson's disease
- Multiple sclerosis
- Cerebral palsy
- Spinal cord injury
- Osteoarthritis and rheumatoid arthritis
- Low back pain and disc problems
- Post-operative recovery (e.g., joint replacements, ligament repairs)
- Sports injuries (e.g., sprains, strains, tendinopathy)



Achieve Your Health Goals with PFit

Whether you're managing a long-term condition, working on your fitness, aiming to lose weight, or training for a personal challenge like a parkrun or the London Marathon – PFit has the right programme for you.

Our expert-led support helps you move better, feel stronger, and live healthier.



**EXERCISES FOR
NEUROLOGICAL
CONDITIONS**

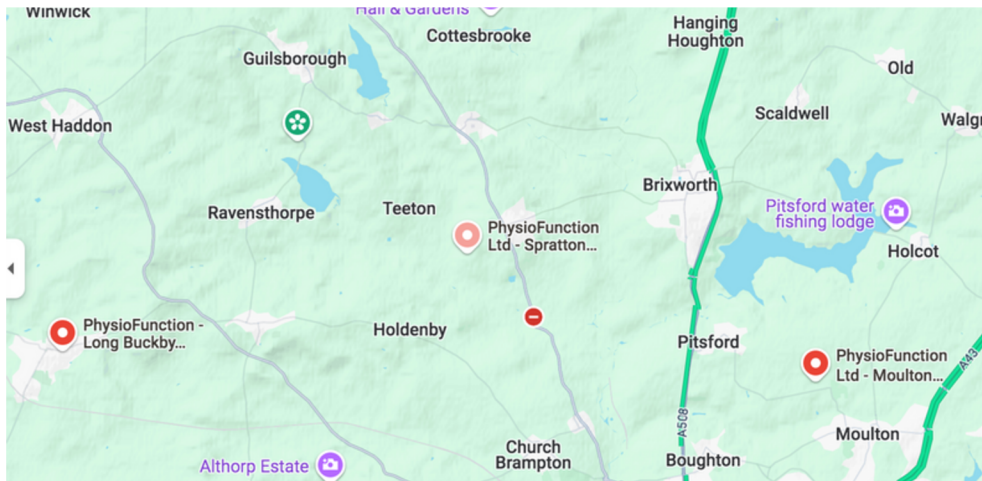


**SPORTS
THERAPY AND
MASSAGE**



**PFIT
PERSONAL
TRAINING**

Our Location



Our Services

- Neurological Physiotherapy
- Musculoskeletal Physiotherapy
- Hydrotherapy
- Rehabilitation Technology
- PFit Services
- Lower-limb Rehabilitation
- Upper-limb Rehabilitation
- Foot Drop Services
- Medico-legal Service
- Balance & Falls Service
- Neurofit
- Telerehab Service

